

VIRTUE STUDY ACTIVITIES

How to Use

At the Global Explorers Club, we believe learning about the world also includes learning how to live well within it. Each unit study includes opportunities to explore character virtues such as kindness, compassion, courage, gratitude, and trust.

These lessons are intended to be simple and discussion-based, allowing families to explore these ideas together through conversation, journaling, and everyday scenarios.

Each virtue can be explored over the course of one week, using short discussions and activities that easily fit into your homeschool rhythm.

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Supplies & Materials

Option 1: With The Virtues Project Educator Cards

- The Virtues Project Educator's Card for the virtue being studied (example: Trust)
- The Global Explorers Virtues Poster

Option 2: Without The Virtues Project Cards

You can still complete the entire lesson using:

- The Global Explorers Virtues Poster
- The discussion prompts included in the lesson plan
- Journaling and family conversations

While recommended if you're studying multiple countries, the Virtues Project Educator Cards are not required. They do provide additional definitions, reflections, and affirmations.

How the Weekly Virtue Study Works

Each virtue study follows a simple five-day rhythm. These conversations only need 5–15 minutes a day, making them easy to incorporate during:

- Morning Basket
- Lunch discussions
- Bedtime conversations
- Family meetings



Weekly Schedule Example

- ✓ **Monday:** Begin by introducing the virtue and discussing what it means.

With the Educator Card -

- Read the virtue card aloud.
- Discuss the definition together.
- Ask children to share examples of the virtue in everyday life.

Without the Card -

Ask questions such as:

- What does this virtue mean?
- Why is this virtue important?
- When have you seen someone demonstrate this virtue?
- How can we practice this virtue in our daily lives?

Display the Global Explorers Virtues Poster and identify the virtue you will be studying. Encourage students to look for examples of the virtue throughout the week in their family, community, and the books they are reading.

- ✓ **Tuesday:** Discuss why the virtue matters in everyday life. Encourage students to think about real-life situations where the virtue might be needed. Whenever possible, connect the discussion to characters from your current read-alouds, folk tales, fairy tales, biographies, or literature studies. Ask students to consider what life would look like if people didn't practice this virtue.
- ✓ **Wednesday:** Use real-life examples or scenarios to help students think about how the virtue can be practiced. Read or discuss a situation and ask students what they would do. Encourage them to consider how the virtue might guide their choices and actions.



Weekly Schedule Example

- ✓ **Thursday:** Students complete the journal prompt included in the lesson. Younger students may dictate their responses, draw a picture, or discuss their thoughts aloud, while older students may choose to write a paragraph, journal entry, or personal reflection.
- ✓ **Friday:** End the week by creating or reading an affirmation and consider how you can continue demonstrating the virtue in your daily life.

With the Educator Card -

- Read the affirmation aloud together. Older students can use the affirmation as copywork.
- Discuss what the affirmation means.
- Ask students to share at least one example of how they practiced the virtue during the week. They may also share an example of someone else demonstrating the virtue.

Without the Card -

- Discuss what students learned about the virtue.
- Ask students to share at least one example of how they practiced the virtue during the week or observed it in someone else.
- Encourage students to create their own affirmation based on the virtue. For example, a student studying perseverance might write, "I am perseverant. I keep trying even when things are difficult." Students may choose to begin their affirmation with "I am..." or simply write a positive statement about how they will practice the virtue.

